



THE SPA  
HOTEL BENNETT

# MASSAGE

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## Camellias Classic Massage

Immerse your senses in a firming oil blend of rose geranium, sage, and chamomile as our expert combines massage techniques to provide the optimum in relaxation and therapeutic benefits.

50 minutes or 80 minutes

## Ultimate Aromatherapy Massage

This balancing treatment commences with a consultation to discover which aromatherapy oils best match your needs. With natural plant and flower extracts, our ten signature blends offer powerful therapeutic benefits for the body and mind. To relieve additional tension, the session devotes more attention to the facial massage.

80 minutes

## Sleep Deeply

With carefully applied pressures to induce a deep state of relaxation, this head-to-toe massage uses a special oil blend to leave the mind and body rested and ready for a sound night's sleep. Perfect for the weary traveler.

50 minutes or 80 minutes

## Elevate

Designed to harmonize and rejuvenate the spirit against seasonal changes and work stresses, this massage integrates rose and frankincense botanicals to restore energy and balance.

50 minutes or 80 minutes

## Intensive Muscle Relief

Ideal for alleviating tight, aching muscles, this deep-tissue massage uses anti-inflammatory gels to ease pain and tension, and target problem areas caused by sports injuries and sedentary work. To continue muscle healing, you will leave with the soothing gel used in the treatment.

50 minutes

## Therapeutic Massage

Using a variety of modalities ranging from Swedish to deep tissue, we customize our therapeutic massage to address your specific needs.

50 minutes or 80 minutes

## Swedish Massage

A classic experience, this full-body technique features slow, smooth movements to increase circulation and promote relaxation.

50 minutes or 80 minutes

## Prenatal Massage

Nourishing shea butter soothes stretched skin in this treatment designed especially for mothers-to-be. Carefully positioned prenatal pillows offer relaxation to tired and overworked muscles.

50 minutes or 80 minutes

*\*Expectant mothers must be in the 2nd or 3rd trimester.*

*\*\*Any two massages of equal duration may be performed in our couples suite based on availability. Please note your request at time of booking.*

## Massage Enhancements

### Scalp Quench

A luxurious blend of Vitamin E, passionflower, and coconut oil provides nourishment, while a soothing scalp massage relieves tensions in this shine-boosting hair treatment.

25 minutes

### Hand & Foot Quench

Adding hydration where it's needed most, deeply nourishing shea butter quenches and a gentle exfoliation of the hands and feet helps hydrate, firm, and polish parched skin.

25 minutes

### CBD Infusion\*

Incorporate an anti-inflammatory CBD balm into your massage to aid in relaxation and pain relief of specific joints and muscles.

*\*Enhancement will be performed within the time of the massage.*

## SKIN CARE

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### Blue Diamond Facial

Brightening and firming, this facial restores skin fitness and youthful appearance. A traditional Hungarian facial massage accelerates skin oxygenation to lift and re-energize, while the Blue Diamond resurfacing peel exfoliates to reduce the appearance of pore size, control redness, tone and tighten skin.

80 minutes

### Gold Hydralifting Facial

To strengthen and hydrate, this treatment starts with a double application of Hungarian Moor mud, which cleanses, exfoliates, and peels. A rose-scented gold mask then distributes hyaluronic acid in three different forms to the skin while bio-available gold repairs micro-damage. The traditional Hungarian facial massage lifts and firms and a sprinkling of gold shimmer oil adds subtle sparkle to arms and décolleté.

50 minutes and 80 minutes

## **Moor Mud Facial**

Mineral-rich Hungarian Moor mud detoxifies and draws out impurities for deep cleansing. A fragrant mask application follows a thorough cleansing and exfoliation using Moor Mud Cleansing Balm, as well as tropical fruit extracts to treat sensitive skin and reduce the appearance of pores. A classic Hungarian facial massage instantly lifts and firms the skin.

50 minutes or 80 minutes

## **Ultimate Aromatherapy Facial**

The finest essential oils and plant extracts address your skin needs in this specially curated facial, while specifically designed massage techniques restore and recondition the skin, leaving complexions smooth and luminous.

80 minutes

## **King's Facial**

Relaxing and refining, our men's facial leaves skin looking clean, luminous, and youthful.

50 minutes or 80 minutes

## **Regenerating Facial**

With plasmas rich in botanical cells from cotton, green carrot, pomegranate and turmeric, this organic treatment helps the skin maintain its regenerative abilities. Suitable for all skin types, even the most sensitive and demanding, the well-aging facial calms the mind while leaving the skin looking brighter, firmer and visibly rejuvenated.

50 minutes or 80 minutes

## **Facial Enhancements**

### **Rose Quartz Facial Massage**

Mineral-rich Rose Quartz wands provide a relaxing massage to face energy points and nerve endings, while soothing and relaxing tense muscles.

### **Dermaglobe Eye Massage**

Puffiness and dark circles disappear with this gentle eye massage. Using arnica, vitamin K and cooling dermaglobes, this treatment soothes and relaxes contours for brighter, refreshed eyes.

*\* Enhancements will be performed within the time of the facial.*

## BODY TREATMENTS

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### The Revival

Perfect for times after over-indulgence, our detoxifying treatment combines zesty citrus oils for invigoration and added energy. An exfoliation with finely ground olive grains refines the pores and reveals fresh, new skin, and a light body wrap provides hydration and a revival of the senses.

50 minutes

### Probiotic Body Polish

An invigorating sugar and shea butter polish helps boost skin's immunity by utilizing probiotics from water plantain and organic lotus flower. Nourishing Vitamin E-infused oil continues fortifying the skin, while a relaxing massage renews the body and spirit. Customize the experience by selecting a Zents signature scent.

50 minutes

### Holy City Healing Wrap

Perfect for skin damaged by the sun or free radicals in the environment, this treatment uses a concentrated shea butter enriched with organic paracress plant extract to firm, lift, plump, and hydrate. Customize the experience by selecting a Zents signature scent.

50 minutes

## RITUALS

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### Ultimate Aromatherapy

This experience combines the balancing effects of our Ultimate Aromatherapy Massage with the curated Ultimate Aromatherapy Facial for a sense experience uniquely yours.

160 minutes

### Crown Affair

Experience our exclusive Camellias Classic Massage and mineral rich Moor Mud Facial for an encounter worthy of royalty.

100 minutes or 130 minutes

## Zents Quench

A full-body exfoliation begins this experience devoted to rehydrating and nourishing the skin. An organic shea butter body wrap, and a luxurious warm oil scalp treatment, intensifies the renewal, which ends with a relaxing full-body massage to ensure a complete Zents experience for the mind, body, and spirit.

75 minutes

## King's Experience

A gentleman's favorite, this experience combines the deep cleansing and brightening Refinery Facial with a Therapeutic Massage, both tailored to your needs.

100 minutes or 130 minutes

## Mom-to-Be

Relax from head to toe with an Unzented shea-infused body polish, followed by an organic shea butter prenatal massage.

75 minutes or 105 minutes

*\* Expectant mothers must be in the 2nd or 3rd trimester.*

## Rejuvenate

To silence the mind and submerge the whole self into a sense of relaxation, our rejuvenating experience features a detoxifying facial and a targeted full-body massage using a blended oil for an overall revitalized appearance.

100 minutes

